# Statistics 210B Lecture 6 Notes 

Daniel Raban

February 3, 2022

## 1 Gaussian Concentration

### 1.1 Freedman's inequality

Last time, we generalized the Hoeffding and Bernstein inequalities for independent random variables to Azuma-Hoeffding and "Azuma Bernstein inequalities for martingales."

Our "Azuma-Bernstein" inequality says that if $\mathbb{E}\left[e^{\lambda D_{k}} \mid \mathcal{F}_{k-1}\right] \leq e^{\lambda^{2} \nu_{k}^{2} / 2}$, then

$$
\left|\frac{1}{n} \sum_{k=1}^{n} D_{k}\right| \leq \max \left\{\sqrt{\frac{\frac{2}{n} \sum_{k=1}^{n} \nu_{k}^{2}}{n} \log \left(\frac{2}{\delta}\right)}, \frac{2 \alpha_{*} \log \left(\frac{2}{\delta}\right)}{n}\right\} \quad \text { with probability } 1-\delta
$$

However, sometimes $\nu_{k}^{2}$ is not deterministic and $\nu_{k}^{2}=\mathbb{E}\left[D_{k}^{2} \mid \mathcal{F}_{k-1}\right]$ instead is $\mathcal{F}_{k-1}$ measurable.

Theorem 1.1 (Freedman's inequality). Let $\left\{\left(D_{k}, \mathcal{F}_{k}\right)\right\}$ be a martingale difference sequence such that

1. $\mathbb{E}\left[D_{k} \mid \mathcal{F}_{k=1}\right]=0$.
2. $D_{k} \leq b$ a.s.

Then for all $\lambda \in(0,1 / b)$ and $\delta \in(0,1)$,

$$
\mathbb{P}\left(\sum_{t=1}^{T} X_{t} \leq \lambda \sum_{t=1}^{T} \mathbb{E}\left[D_{k}^{2} \mid \mathcal{F}_{k-1}\right]+\frac{\log (1 / \delta)}{\lambda}\right) \geq 1-\delta
$$

This is useful in bandit and reinforcement learning research. ${ }^{1}$

[^0]
### 1.2 Maximal Azuma-Hoeffding inequality

Recall Doob's maximal inequality for sub-martingales.
Lemma 1.1 (Doob's maximal inequality). If $\left\{X_{s}\right\}_{s \geq 0}$ is a sub-martingale, i.e.

$$
X_{s} \leq \mathbb{E}\left[X_{t} \mid \mathcal{F}_{s}\right] \quad \forall s<t
$$

then for all $u>0$,

$$
\mathbb{P}\left(\sup _{0 \leq t \leq T} X_{t} \geq u\right) \leq \frac{\mathbb{E}\left[\max \left\{X_{T}, 0\right\}\right]}{u} .
$$

This gives rise to a maximal version of the Azuma-Hoeffding inequality:
Theorem 1.2 (Maximal Azuma-Hoeffding inequality). Let $\left\{\left(D_{k}, \mathcal{F}_{k}\right)\right\}$ be a martingale difference sequence, and suppose there exists $\left\{\left(a_{k}, b_{k}\right)\right\}_{k=1}^{n}$ such that $D_{k} \in\left(a_{k}, b_{k}\right)$ a.s. Then

$$
\mathbb{P}\left(\sup _{0 \leq k \leq n} \sum_{s=1}^{k} D_{k} \geq t\right) \leq \exp \left(-\frac{2 t^{2}}{\sum_{k=1}^{n}\left(b_{k}-a_{k}\right)^{2}}\right) .
$$

If we used the usual Azuma-Hoeffding inequality instead, we would need to use a union bound, which would give a factor of $n$ in the bound. We can write this conclusion as

$$
\sup _{0 \leq k \leq n} \sum_{s=1}^{k} D_{k} \leq \sqrt{\frac{C \log (1 / \delta)}{n}} .
$$

If we have the extra factor of $n$, we get an $n / \delta$ instead, which can sometimes be not a big deal for our bound since we are taking a log.

### 1.3 Gaussian concentration

Lemma 1.2. Let $X_{1}, X_{2}, \ldots, X_{n} \stackrel{\text { iid }}{\sim} N(0,1)$ and $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$ such that $f$ is L-Lipschitz in $\|\cdot\|_{2}$, i.e.

$$
|f(x)-f(y)| \leq L\|x-y\|_{2} \quad \forall x, y \in \mathbb{R}^{n} .
$$

Then

1. $f\left(X_{1: n}\right)-\mathbb{E}\left[f\left(X_{1: n}\right)\right]$ is $\mathrm{sG}(L)$.
2. 

$$
\mathbb{P}\left(\left|f\left(X_{1: n}\right)-\mathbb{E}\left[f\left(X_{1: n}\right)\right]\right| \geq t\right) \leq 2 \exp \left(-\frac{t^{2}}{2 L^{2}}\right)
$$

Remark 1.1. We need $f$ to be Lipschitz as a whole function! It's not just sufficient for the function to be coordinate-wise Lipschitz.

Remark 1.2. If the $X_{i}$ s are non-Gaussian, this doesn't always hold with only Lipschitzness.

There are many different proofs of this lemma, but none are very simple.
Proof 1: Gaussian interpolation method
Proof 2: Gaussian isoperimetric inequality
Proof 3: Gaussian log-Sobolev inequality + Herbst argument
Today, we will present a proof using the Gaussian interpolation method, which is useful in research. However, this is a technique where you need to develop some intuition to understand it.

### 1.4 Examples of Gaussian concentration

Example 1.1 (Order statistics). Let $\left(X_{i}\right)_{i \in[n]} \stackrel{\text { iid }}{\sim} N(0,1)$. The order statistics are the random variables arranged in increasing order: $X_{(1)} \leq X_{(2)} \leq \cdots \leq X_{(n)}$. Let $f_{k}\left(X_{1: n}\right)=$ $X_{(k)}$. This is Lipschitz:

$$
\begin{aligned}
\left|f_{k}\left(X_{1: n}\right)-f_{k}\left(Y_{1: n}\right)\right| & =\left|X_{(k)}-Y_{(k)}\right| \\
& \leq \sqrt{\sum_{k=1}^{n}\left|X_{(k)}-Y_{(k)}\right|^{2}}
\end{aligned}
$$

The rearrangement inequality says that if you sort the terms, the distance is greater than the distance of with unsorted terms.

$$
\begin{aligned}
& \leq \sqrt{\sum_{k=1}^{n}\left|X_{k}-Y_{k}\right|^{2}} \\
& =\|X-Y\|_{2}
\end{aligned}
$$

This means that $L=1$, so $X_{(k)}-\mathbb{E}\left[X_{(k)}\right]$ is $\mathrm{sG}(1)$. Therefore,

$$
\left|X_{(k)}-\mathbb{E}\left[X_{(k)}\right]\right| \leq \sqrt{\log (2 / \delta)} \quad \text { with probability } 1-\delta
$$

If we apply this to $k=n$, we get

$$
|\max _{i \in[n]} X_{i}-\underbrace{\mathbb{E}\left[\max _{i \in[n]} X_{i}\right]}_{\sqrt{2 \log n}}|=O_{p}(1)
$$

Example 1.2 (Singular value of Gaussian random matrices). Let

$$
X=\left[\begin{array}{ccc}
X_{1,1} & \cdots & X_{1, d} \\
\vdots & & \vdots \\
X_{n, 1} & \cdots & X_{n, d}
\end{array}\right] \in \mathbb{R}^{n \times d}, \quad X_{i, j} \stackrel{\mathrm{iid}}{\sim} N(0,1)
$$

Let $f_{k}(X)=\sigma_{k}(X)$ be the $k$-th largest singular value of $X$. For example, $f_{1}(X)=\|X\|_{\mathrm{op}}$. It can be shown that $\mathbb{E}\left[\|X\|_{\text {op }}\right] \approx \sqrt{n}+\sqrt{d}$. We can show that $f_{k}$ is Lipschitz; what is the norm we want to be using for a matrix? Define the vectorized version of the matrix as $\operatorname{vec}(X):=\left(X_{1,1}, X_{1,2}, \ldots, X_{1, d}, X_{2,1}, \ldots, X_{2, d}, \ldots, X_{n, d}\right)$. Then

$$
\|\operatorname{vec}(X)-\operatorname{vec}(Y)\|_{2}=\|X-Y\|_{F}=\sqrt{\sum_{i, j}\left(X_{i, j}-Y_{i, j}\right)^{2}}
$$

where $\|\cdot\|_{F}$ is the Frobenius norm. Now we have

$$
\left|f_{k}(X)-f_{k}(Y)\right| \leq\left|\sigma_{k}(X)-\sigma_{k}(Y)\right|
$$

Weyl's inequality, a deterministic linear algebra result, says that

$$
\begin{aligned}
& \leq\|X-Y\|_{\mathrm{op}} \\
& \leq\|X-Y\|_{F}
\end{aligned}
$$

so $L=1$. Weyl's inequality can be proven by using the variational representation of singular values.

This calculation tells us that $f_{k}(X)-\mathbb{E}\left[f_{k}(X)\right]$ is $\mathrm{sG}(1)$, so

$$
f_{k}(X)-\mathbb{E}\left[f_{k}(X)\right] \leq \sqrt{\log (2 / \delta)} \quad \text { with probability } 1-\delta
$$

Applying this to $k=1$ gives

$$
|\|X\|_{\mathrm{op}}-\underbrace{\mathbb{E}\left[\|X\|_{\mathrm{op}}\right]}_{\sqrt{n}+\sqrt{d}}|=O(1) .
$$

### 1.5 Gaussian complexity

Gaussian complexity is a very important notion in compressed sensing. Suppose we have a set $A \subseteq \mathbb{R}^{n}$. How do we measure its "size"? A reasonable size function $S$ should at least satisfy $S(A) \leq S(B)$ if $A \subseteq B$. Here are some reasonable size functions:

1. Euclidean width: $D(A)=\max _{a \in A}\|a\|_{2}$.
2. Dimension: A line has dimension 1, and a plane has dimension 2 .

Definition 1.1. Given a set $A$, let $W=\left(W_{1}, \ldots, W_{n}\right)^{\top} \in \mathbb{R}^{n}$ with $W_{i} \stackrel{\text { iid }}{\sim} N(0,1)$. The Gaussian complexity or "statistical dimension" of $A$ is

$$
\mathcal{G}(A):=\mathbb{E}_{W \sim N\left(0, I_{n}\right)}\left[\sup _{a \in A}\langle a, W\rangle\right] .
$$

Note that if we don't take the supreumum in the expectation, the quantity would be 0 . This quantity is always nonnegative.

Example 1.3. Let $B_{p}(r)=\left\{x \in \mid R^{n}:\|x\|_{p} \leq r\right\}$. Then

$$
\mathcal{G}\left(B_{p}(r)\right)=\mathbb{E}\left[\sup _{\|x\|_{p} \leq r}\langle x, W\rangle\right]
$$

If $q$ is the conjugate exponent of $p$, so $\frac{1}{p}+\frac{1}{q}=1$, this is the variational representation of the $\|\cdot\|_{q}$ norm:

$$
\begin{gathered}
r \mathbb{E}\left[\|W\|_{q}\right] \\
\approx r n^{1 / q} .
\end{gathered}
$$

Note that if $p_{1} \leq p_{2}$, then $q_{1} \geq q_{2}$, so $\mathcal{G}\left(B_{p_{1}}(r)\right) \leq \mathcal{G}\left(B_{p_{2}}(r)\right)$.
We want to show that $f(W):=\sup _{a \in A}\langle a, W\rangle$ concentrates. Fix $w, w^{\prime} \in \mathbb{R}^{n}$. Then

$$
f(w)-f\left(w^{\prime}\right)=\sup _{a \in A}\langle a, w\rangle-\sup _{a \in A}\left\langle a, w^{\prime}\right\rangle
$$

Denote $a^{*}=\arg \max _{a}\langle a, w\rangle$

$$
\begin{aligned}
& =\left\langle a^{*}, w\right\rangle-\sup _{a \in A}\left\langle a, w^{\prime}\right\rangle \\
& =\inf _{a \in A}\left\langle a^{*}, w\right\rangle-\left\langle a, w^{\prime}\right\rangle \\
& \leq\left\langle a^{*} w-w^{\prime}\right\rangle \\
& \leq\left\|a_{*}\right\|\left\|w-w^{\prime}\right\|_{2} \\
& \leq D(A)\left\|w-w^{\prime}\right\|_{2} .
\end{aligned}
$$

The other side can be proven similarly, so $f$ is $D(A)$-Lipschitz. Concentration says that $f(W)$ is $\mathrm{sG}(D(A))$.

Example 1.4. If we let $A=B_{2}(R)$, then

$$
\mathbb{E}[f(W)]=\mathcal{G}\left(B_{2}(r)\right)=r \sqrt{n},
$$

since $D(A)=r$.

### 1.6 Proof of the Gaussian concentration inequality (interpolation method)

Lemma 1.3. For all convex $\phi: \mathbb{R} \rightarrow \mathbb{R}$ and differentiable $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$,

$$
\mathbb{E}[\phi(f(X)-\mathbb{E}[f(Y)])] \leq \mathbb{E}\left[\phi\left(\frac{\pi}{2}\langle\nabla f(X), Y\rangle\right],\right.
$$

where $X, Y \stackrel{\text { iid }}{\sim} N\left(0, I_{n}\right)$.
First, assume this lemma holds, and prove Gaussian concentration:
Proof. Take $\phi=\exp (\lambda \cdot)$. THen

$$
\mathbb{E}[\exp (\lambda(f(X)-\mathbb{E}[f(Y)]))] \leq \mathbb{E}\left[\exp \left(\lambda \frac{\pi}{2}\langle\nabla f(X), Y\rangle\right)\right]
$$

Observe that $\frac{\pi}{2}\langle\nabla f(X), Y\rangle$ is $N\left(0, \frac{\pi^{2}}{4}\|\nabla f(X)\|_{2}^{2}\right.$ given $X$.

$$
\begin{aligned}
& =\mathbb{E}_{X}\left[\exp \left(\frac{\lambda^{2}}{2} \frac{\pi^{2}}{4}\|\nabla f(X)\|_{2}^{2}\right)\right] \\
& \leq \exp \left(\frac{\lambda^{2}}{2} \frac{\pi^{2}}{4} L^{2}\right) .
\end{aligned}
$$

This says that $f(X)-\mathbb{E}[f(X)]$ is $\operatorname{sG}\left(\frac{\pi}{2} L\right)$.
The above proof gives a worse constant, but the constant can be improved with different methods. Here is the proof of the lemma:

Proof. First, use conditioning and Jensen's inequality to say that.

$$
\mathbb{E}[\phi(f(X)-\mathbb{E}[f(Y)])] \leq \mathbb{E}_{X, Y}[\phi(f(X)-f(Y))]
$$

The idea is to use the integral representation of the Taylor expansion to interpolate between $X$ and $Y$. Observe that if $Z(\theta)=X \cos \theta+Y \sin \theta$, then for every $\theta, Z(\theta) \stackrel{d}{=} X \stackrel{d}{=} Y$ and $Z^{\prime}(\theta) \stackrel{d}{=} X \stackrel{d}{=} Y$. Another important property is that $Z(\theta) \perp Z^{\prime}(\theta)$; this is because $Z(\theta), Z^{\prime}(\theta)$ are Gaussians with 0 covariance. Now

$$
f(X)-f(Y)=\int_{0}^{\pi / 2}\left\langle\nabla f(Z(\theta)), Z^{\prime}(\theta)\right\rangle d \theta
$$

so we can write

$$
\mathbb{E}[\phi(f(X)-f(Y))]=\mathbb{E}\left[\phi\left(\int_{0}^{\pi / 2}\left\langle\nabla f(Z(\theta)), Z^{\prime}(\theta)\right\rangle d \theta\right)\right]
$$

Using Jensen's inequality, $\phi\left(\int \cdot d \theta\right) \leq \int \phi(\cdots) d \theta$ when $\int \cdots d \theta=1$.

$$
\begin{aligned}
& \leq \frac{2}{\pi} \int_{0}^{\pi / 2} \mathbb{E}\left[\phi\left(\frac{\pi}{2}\left\langle\nabla f(Z(\theta)), Z^{\prime}(\theta)\right\rangle\right)\right] d \theta \\
& =\mathbb{E}\left[\phi\left(\frac{\pi}{2}\langle\nabla f(X), Y\rangle\right)\right]
\end{aligned}
$$

This proof is very delicate, and the construction looks ad hoc, but it is actually very useful in a variety of situations.

### 1.7 Other methods for establishing concentration

1. Matrix concentration: If $\left(X_{i}\right)_{i \in[n]} \subseteq \mathbb{R}^{m \times d}$ with $X_{i} \stackrel{\text { iid }}{\sim} X$, can we find a bound for

$$
\left\|\frac{1}{n} \sum_{i=1}^{n} X_{i}-\mathbb{E}\left[X_{i}\right]\right\|_{\mathrm{op}} ?
$$

The answer is yes; there is a matrix Bernstein inequality, Rudelson's inequality, and a matrix Freedman inequality. These involve the matrix MGF and Lieb's inequality. For more, see An Introduction to Matrix Inequalities, Tropp 2015, and Introduction to Non-asymptotic analysis of random matrices, Vershynin 2010.
2. Entropy method and the Herbst argument

Definition 1.2. The Herbst argument is that a sufficient condition for $X$ to be $\mathrm{sG}(\sigma)$ is to show that

$$
\mathbb{H}\left(e^{\lambda X}\right) \leq \frac{\lambda^{2} \sigma^{2}}{2} \mathbb{E}\left[e^{\lambda X}\right]
$$

where $\mathbb{H}$ is the entropy.
Why do we want to look at $\mathbb{H}\left(e^{\lambda X}\right)$ ? This is because it has a good tensorization property when $X_{i}$ are independent:

$$
\mathbb{H}\left(e^{\lambda f\left(X_{1: n}\right)}\right) \leq \mathbb{E}[\sum_{i=1}^{n} \mathbb{H}(\underbrace{e^{\lambda f_{k}\left(X_{k}\right)} \mid X^{\backslash k}}_{\text {easy to handle when } f_{k} \text { Lip., } X_{k} \text { bdd. }})]
$$

For this, see chapter 3.1 of Wainwright's textbook or chapter 3 of van Handel's textbook
3. Isoperimetric inequality: This is a geometric property in $\mathbb{R}^{n}$ with Lebesgue measure. If $A \subseteq \mathbb{R}^{n}$ has fixed volume and we want to minimize the perimeter, then the solution is when $A$ is a ball. This generalizes to other measures:

$$
\begin{array}{c|c|c|c}
X \sim \mu= & N\left(0, I_{n}\right) & S^{n-1}(\sqrt{n}) & \operatorname{Unif}\left(\{ \pm 1\}^{n}\right) \\
\hline & \text { Half space } & \text { Spherical cap } & \text { Hamming ball }
\end{array}
$$

The isoperimetric inequality implies that $f(X)$ concentrates when $f$ is Lipschitz. For this, see chapter 3.2 of Wainwright's book and also see Chapter 7 of the book by Lugosi, Massart, and Boucheron.
4. Transportation approach:

Lemma 1.4 (Bobkov-Gotze). Given a measure $\mu \in \mathcal{P}\left(\mathbb{R}^{n}\right)$,
$X \sim \mu, \forall f$ 1-Lipschitz, $f(X)$ is $\mathrm{sG}(\sigma) \Longleftrightarrow W_{1}(\nu, \mu) \leq \sqrt{2 \sigma^{2} \mathrm{KL}(\nu \| \mu)} \forall \nu \in \mathcal{P}\left(\mathbb{R}^{n}\right)$,
where $W_{1}$ is the transportation distance and KL is the relative entropy.
This property on the right also tensorizes in some way. For more on this, see chapter 3.3 in Wainwright's book or chapter 4 in van Handel's book.


[^0]:    ${ }^{1}$ For example, see Theorem 1 in Beygelzimer, Langford, et. al. 2010.

